**Family violence economic harm support**

If you suspect economic harm is occurring, other forms of family violence may also be present.

Family violence agencies are best placed to work with you to establish whether other forms of abuse are occurring in your relationship, and we would encourage you to call one of the agencies listed below.

It is important to take some form of action to stop or address economic harm, but only when it is **safe**to do so.

**If your safety is at immediate risk, please ring the New Zealand Police -**[**111**](tel:111)

**Family violence support**

[Women’s Refuge New Zealand](https://womensrefuge.org.nz/) – 0800 733 843 (crisis line)

[Shine](https://www.2shine.org.nz/)  – 0508 774 633 (9am-11pm every day)

[Aviva](https://www.avivafamilies.org.nz/) (Christchurch) – 0800 28482 669

[Shakti](http://shakti-international.org/shakti-nz) – 0800 742 584 (24 hours)

[Are you ok?](http://areyouok.org.nz/) - 0800 456 450

Family violence Information Line - 0800 456 450 (9am-11pm every day)

[Gandhi Nivas](https://gandhinivas.nz/) - (Auckland) 0800 426 344 Support for men

[Men's Health](http://menshealthnz.org.nz/support-for-men/) - Support for Men

[He Waka Tapu](https://www.hewakatapu.org.nz/services/0800-hey-bro)- 0800 Hey Bro (439 279) for support to stop using violence

[In Your Hands](https://www.inyourhands.org.nz/) - Support information for anyone causing harm or supporting others

[Safe to Talk](http://www.safetotalk.nz/) - sexual harm support 0800 044 334 (or text 4334) incl. web chat

[innerBoy](https://innerboy.nz/) - A free men's mental health app with a guided support program

**Elder abuse support**

[Elder Abuse Response Service](https://officeforseniors.govt.nz/our-work/raising-awareness-of-elder-abuse/elder-abuse-response-service/) - 0800 32 668 65

[Age Concern](https://www.ageconcern.org.nz/Public/Public/Default.aspx?hkey=ffca477f-7c33-4394-8e10-039d177a976c) - 0800 65 2 10

**Legal support**

Your local family violence specialist support providers are likely to be able to recommend a good lawyer for you who can do legal aid.

You can also call one of the national helplines on the previous tab for information about your local specialist services.

[Community law](https://communitylaw.org.nz/)

[Citizens Advice Bureau](https://www.cab.org.nz/) – Phone 0800 367 222

[Youth Law](http://youthlaw.co.nz/) – (under 25years old) – Phone 0800 884 529

**Financial support**

[Work and Income](https://www.workandincome.govt.nz/eligibility/relationships/violent-relationships.html) - 0800 456 450 (specific support for violent relationships)

[Money talks](https://www.moneytalks.co.nz/) – 0800 345 123 or text 4029 or live chat available on website

[Sorted](http://www.sorted.org.nz/)- your independent money guide

Good Shepherd NZ – [No interest and low interest loans](https://goodshepherd.org.nz/get-support/our-services/loans/)

**Rainbow support**

Although these services are not specific to family violence, and economic harm, you may want to speak with someone who can provide additional relationship support or point you in the right direction for specialist support.

[Police](https://www.police.govt.nz/about/diversity-contacts) – Diversity liaison offers to provide liaison between Police and gay, lesbian, bisexual, transgender and intersex (GLBTI) communities

[The I’m Local Project](https://www.imlocal.co.nz/) – has a region-by-region directory of LGBTIQ groups and organisations around Aotearoa

[OUTLine](https://outline.org.nz/) – 0800 OUTLINE (688 5463)