Good Shepherd
New Zealand

✂️ CUTTING LIVING COSTS

💰 Small changes to regular bills can free up money every month. Start with the big ones: power, internet and subscriptions.

⚡ Compare your power

Powerswitch is free and run by Consumer NZ. It compares plans for your address in a few minutes.

Plan now: higher bill

Switched: save hundreds a year

🌐 Compare your internet

Compare plans for your address and pick the speed you need. Faster plans cost more.

Fibre Max: about $110 a month

Fibre Starter: from about $65

📱 Check your mobile plan

Check your last three months of data use before you choose a plan.

Big-network plan: $65 to $90

Budget plan: from about $20

📺 Subscriptions

List them all, cancel what you do not use, and review every 3 to 6 months. Check insurance renewals too.

Four services: $60 or more

Swap each month: about $17

🛒 Groceries

Plan meals, shop with a list, compare unit prices for different brands. Where you shop matters: a dairy can cost more than PAK'nSAVE.

Dairy shop: pay more

PAK'nSAVE: pay less

📞 Behind on a bill?

Call the provider early and ask about a payment plan. MoneyTalks can also help for free.

Wait: fees and stress

Call early: more options

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